



# First Friday in Friday Annex

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## Upcoming Dates:

**April 5:** Registration for Fall '10 courses begins

**April 12:** Faculty Council Meeting, 8:30 a.m., Watson 162

**April 15-16:** Nu Omega Nursing Research Days:  
Thursday Dinner Presentation: 6 p.m., Madeline Suite  
Friday Presentations and Posters: 8 a.m., Warwick Center

**April 19:** Pre-licensure Council Meeting, 8:30 a.m., Watson 162

**April 21:** Clinical Negotiations with NHRMC Meeting, 10 a.m., CF Hospital, Bldg. C

**April 21:** Orientation for May 2012 Pre-licensure Cohort, 5 p.m., Watson 162

**April 26:** Last day of classes for Spring '10 semester

**April 27:** Reading Day

**April 29:** Faculty Retreat

**April 28-May 4:** Final exams

**May 6:** 14th Annual Nurses Day Celebration, 6 p.m., Burney Center

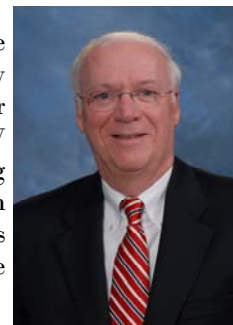
**May 7:** SON Awards Ceremony, 2 p.m. Kenan Auditorium

**May 7:** Commencement Activities, 5:30 - 7 p.m., Trask Coliseum

*Please submit items of interest, calendar events, notable achievements, community events and questions you may have for our faculty and staff to our editorial/production staff: Sandy O'Donnell or Debra Simpson.*

## Greetings from the Director

The School of Nursing is having a busy spring semester. Some of the events include: (1) Nurse Advocate Board meeting on March 8 at New Hanover Regional Medical Center. Several employees, who were former UNCW nursing students, shared their learning experiences at UNCW and how these experiences prepared them to become better practicing nurses; (2) The first Community Advisory Board meeting will be held on March 26; (3) Research Day is scheduled for April 16; and (4) Nurses Day is scheduled for May 6. All of these events will help improve the image and vision of the School of Nursing.



The new nursing building is moving on schedule. It is anticipated that we will take occupancy on June 22. In April, we plan to have an interactive web site developed that will allow users to view and interact with several major programs designed within the new building. This effort was developed and supported by School of Nursing faculty and students in conjunction with the Department of Marketing and Communications.

The Admission Task Force is hard at work in processing applications for the fall 2010 pre-licensure class of 2010. One-hundred-and-twenty-seven applications were received. It is anticipated that we will have 48 available class slots. Our May graduation numbers are continuing to increase: 57 pre-licensure students, 10 RN –BSN students, 2 nurse educators, 2 post-master nurse educators and 21 clinical research students. In May 2009, we had 70 graduates as compared to 92 in May 2010.

## Pre-licensure Students Provide Community Health Fairs



Community (NSG 405) pre-licensure students partnered with the Wilmington Housing Authority Healthy Heart Program to provide health promotion activities at two health fairs on Jan. 26 & 28. Activities were designed to improve negative cardiovascular disease outcomes for the 143 participants who are residents of the Solomon Towers and Creekwood housing communities. Health education on topics of obesity, hypertension, breast cancer, cholesterol and nutrition were covered and health screening activities for blood pressure, blood

sugar and nutrition were provided. Other activities included assisting residents with proper medication administration, proper usage of glucose monitors and the referral of residents with diabetes and cardiovascular disease risk factors to the Healthy Heart Program for continued education. This collaborative effort is planned for future semesters for community health students to improve the quality of life for the residents of the two communities and to assist students in meeting clinical objectives.



## Notable Recognition

**Debbie Pollard** and **Anne Zabriskie** have been selected to participate in the Quality and Safety Education in Nursing (QSEN) Education Consortium Institute on April 14-16 in Washington, D.C. This national initiative, funded by The Robert Wood Johnson Foundation, is to provide full-time faculty in all types of entry-level nursing programs with the skills, knowledge and resources to educate nursing students to deliver high-quality and safe nursing care. This initiative uses a “train the trainer” approach to prepare nursing faculty with the ability to lead other faculty incorporate this content into the curricula; to teach and mentor students regarding concepts and skills necessary for the delivery of high quality and safe patient care; and to train other faculty to accomplish these goals.

**Carol Heinrich** and **Julie Smith Taylor** were each awarded a mini grant of \$500 from the Center for Faculty Leadership to promote scholarship.

Congratulations to the **Association of Nursing Students** for receiving the “Making a Difference Award,” a recognition given by the Campus Activities and Involvement Center for the hard work and dedication to making a difference on the UNCW campus community.

## Notable Achievements

Congratulations to **Annette Richards**, **Debra Simpson** and **Jonia Smith** on completion of Level 2 of the Finance Certification Training at UNCW and to **Linda Ferrell**, **Peggy Wichmann** and **Robin Williams** for completion of Level 3. This program includes three comprehensive certificate levels designed as a progressive track of study of the university’s financial processes and system. The courses go through the various aspects of finance at UNCW – purchasing, accounts payable, Banner online finance system, travel, budget processes and fixed assets.

Pictured at right are (left to right): **Peggy Wichmann**, **Robin Williams**, **Debra Simpson**, **Linda Ferrell** and **Janie Canty-Mitchell**, Associate Director for Research and Sponsored Programs.



**Susan Roberts**, Assistant Professor, Clinical Research Program, was interviewed by National Public Radio (WHYY in Philadelphia) for a story on “Medications in Pregnancy,” which aired on Dec. 22.

The SON Geriatric Nursing Education Consortium (GNEC) podcasts were launched on the New York University’s Hartford Center for Nursing Excellence Web site last January. These nine podcasts were created by **Melissa Aselage** and co-created with GNEC content experts in a joint project with UNCW, the American Association of Colleges of Nursing (AACN) and the NYU Hartford Geriatric Nursing Institute. In having all nine on the [www.ConsultGeriRN.org](http://www.ConsultGeriRN.org) Web site, the podcasts have a platform for international dissemination and use by baccalaureate nursing students. Topics include care of older adults with heart disease, cancer, diabetes, dementia; care of the older adult in critical care units; working in interdisciplinary teams; atypical presentation of illness, critical thinking in care of older adults; and geriatric resources for students. The podcasts will be featured in a special issue of the *Journal of Gerontological Nursing* due for publication in the summer 2010. Congratulations are also in order to **Aselage** for her efforts for being awarded a Corbett grant in the amount of \$12,000 for her research “A Web-Based Dementia Feeding Skills Training Module for Nursing Home Staff.”

**Kae Livsey** and **Kathy Ennen** have received a sub grant award from the UNCW Division of Public Service to provide support for a multidisciplinary effort to prevent obesity among adults and teens in the Cape Fear Region. Nursing faculty members on the project are working with other faculty from the departments of Social Work and Health and Applied Human Services to promote two physical activity programs to help address the issue of obesity. **Ennen** will be conducting an intervention study to examine the impact of physical activity on fatigue and stroke risk as part of the project.

**Kathy Ennen’s** dissertation work is expected to be published in the *Online Journal of Rural Nursing and Health Care*, Vol. 10 (1), in late May ‘10. The authors of the article, “Stroke Knowledge: How is it impacted by rural location, age and gender?”, are **Kathleen Ennen** and **Julie Zerwic**.

## Notable Achievements in Research and Publication

**RuthAnne Kuiper's** research in point-of-care technology was recently published: Kuiper, R.A. (2010) "Metacognitive factors that impact student nurse use of point of care technology in clinical settings", *International Journal of Nursing Education*, 7(1). <http://www.bepress.com/ijnes/vol7iss1/1>.

**Jeanne Kemppainen** has recently published: Kemppainen, J. (2010). Critiquing Research in Holzemer, W. L. (Ed.) *Better Health Through Research*, Blackwell: International Council of Nurses.

**Yeoun Soo Kim-Godwin** and **Perri J. Bomar** had a chapter, "Family Health Promotion", published in *Family Health Care Nursing: Theory, Practice and Research* (4th ed), (2010), by J. R. Kaakinen, V. Gedally-Duff, D. P. Coehlo, and S. M. Manson (eds), Philadelphia: F. A. Davis.

**Kathleen Ennen** made a poster presentation *Women and Stroke Knowledge in North Carolina* at the 24th Annual Conference of the Southern Nursing Research Society (SNRS) last February in Austin, Texas. As part of a UNCW Community Engagement Grant, administered by **Kae Livsey**, **Ennen's** research entitled *Impact of Walking and Weight Loss on Blood Pressure Measurement in Adult North Carolinians* was approved in February. **Ennen** will deliver a podium presentation, *Women and Stroke Knowledge*, at the 2010 Midwest Nursing Research Society (MNRS) 34th Annual Research Conference April 8-11 in Kansas City, MO.

**Melissa Aselage** had two manuscripts published in January. The first is: Aselage, M., & Amella, E. J. (2010). An evolutionary analysis of mealtime difficulties in older adults with dementia. *Journal of Clinical Nursing*, 19, 33-41. The second manuscript is: Aselage, M. (2010). Measuring mealtime difficulties: Eating, feeding, and meal behaviors in older adults with dementia. *Journal of Clinical Nursing*, 19, 621-631. In Feb. '10, **Aselage** presented a poster at the Southern Nursing Research Society (SNRS) on *A web-based dementia feeding skills training module for nursing home staff*. In addition to publication, **Aselage** has been invited to serve on various committees and as a coordinator: on the Southern Regional Nurses Association (SNRS) Communications Committee as a student representative for the Southern Online Journal of Nursing Research (SOJNR), on the *Culture Change Nursing Homes as Clinical Training Sites: Recommendations to the Field* Steering Committee; and as Communications Coordinator of the Southern Regional Nurses Association/Building Academic Geriatric Nursing Capacity (SRNS/BAGN) Regional Network.

RN-BSN student **Karol Shughart** had her letter to the editor on distance education published in the February issue of the *Clinical Journal of Oncology Nursing*.

Research data collection is being assisted by SON Community Health nursing students as part of an implementation study being conducted by **Jorge Figuero**, Assistant Professor in the Department of Health and Applied Human Services. The study is working with obese teens in the Wilmington area and includes mentor support by students to promote physical activity. Community health nursing students are conducting home visits to help work with family member to collect physiometric measurements and reinforce healthy nutritional habits.

**Deborah Pollard**, **RuthAnne Kuiper** and **Cindi Meredith** recently published the article: Pollard, D., Kuiper, R., & Meredith, C. (2010). Camp BONES: a partnership initiative to engage underrepresented adolescents in a career in nursing at the baccalaureate level. *Journal of Nursing Education*, 49 (2), 108-15.

**Deborah Pollard** and **Kelsey Durham** (Honor's Student, Graduate in May '09) recently published the article: Durham, K. & Pollard, D. (2010). Experiences of certified nurse midwives in providing culturally competent care to Hispanic women in south-eastern North Carolina. *Southern Online Journal of Nursing Research*, 10 (1).

## Relief Efforts for Haiti

Congratulations and thanks to **Brandy Mechling** for leading donation efforts from faculty to contribute to the relief efforts in Haiti. Funds raised by the faculty were forwarded to the AARP, which in turn matched the donations dollar-for-dollar.

Congratulations to **Lisa Chambers** (May '10) for her efforts in collecting thousands of gallons of fresh water in a matter of days to send to a cruise ship going to Haiti. This project, which started out to be a small one, turned into an overwhelming show of support for residents throughout N.C. Chambers sent a message through Facebook and the word spread. Over 800 cases of water and hundreds of pounds of food and clothes were donated for the victims of the earthquakes in Haiti. Dozens of volunteers helped and Penske Truck Rentals provided transport.

## New Building Update

A summer move into the new SON building is planned and opening the new facilities for fall '10 classes remains on track. Below are two of the most recent photographs of the facility.



## News from the Simulation Lab

The Simulation Lab has continued to operate at a busy pace since the beginning of the Spring semester. On Jan. 5, the Simulation Lab supported a new venture with the UNCW Advanced Diver Medical Technician Recertification Program. Four Diving Accident Management simulations were developed by **Douglas Kesling**, Manager of the Advanced Diving Technology Program. Students in the Recertification Program then participated in the simulations which incorporated field management of a diving victim suffering from a diving related accident or illness. Our own "Sim Man" was dressed in a wet suit and placed on a water-side emergency stretcher. This simulation facilitated four scenarios which included the injection of venom by marine wildlife, immersion pulmonary edema, arterial gas embolism and decompression sickness.

Students in the pre-licensure Community Health course participated in a newly designed Boot Camp in preparation for the skills needed for home health, public health and school health clinical experiences. Activities included review of injections, including that of tuberculosis screening tests, maintenance of IV lines, wound care, urinary catheterization and enteral feedings. A Community Health Skills Passport form was completed by course faculty and later taken into clinical sites for documentation of skills performed by students.

The development of a Simulation Learning Center website is nearing completion. This Web site will be linked to the SON website and will allow internal and external users to access links such as policies and reservations forms. As the move into the new building occurs, the website will showcase the various labs and simulations, and news and events specific to the Simulation Learning Center.

## Grant Application Submissions Total More Than \$6 Million

Applications for grants that have been submitted since Sept. '09 total \$6,276,534.51 from the following funding sources: U.S. Dept. of Health and Human Services (U.S. DHHS), Health Resources and Services Administration (HRSA) and National Institutes of Health (NIH).

## Graduation of the First Cohort (2006) of Camp BONES

The graduation ceremonies of the first Camp BONES cohort (2006) will take place on April 17 from 3-5 p.m. in the Madeline Suite on the UNCW campus. Please contact **Linda Ferrell** at (910) 962-3200 or at [Ferrell@uncw.edu](mailto:Ferrell@uncw.edu) for further information and registration.



## Thank you to the Participants of Camp Special Time

**Brenda Pavill** and **Roberta Allred** supervised 21 students in attendance at Camp Special Time on Feb. 28, at Camp LeJeune in Jacksonville, N.C. This camp, which is held one to three times a day, is a collaborative outreach community program that provides respite care to the parents of special needs children for the weekend. The campers were allowed supervised play during this event and one particular camper cried when the time came to leave. Nursing students interacted with the campers and learn to meet the needs of 17 very special children while enjoying the activities with the “campers.” Students who participated in



this camp included: **Lauren Aycock, Katherine Brawley, Virginia Curry, Alicia Forero, Merri Gray Jones, Olivia Murphrey, Heleana Mangeri, Matthew Pirruccello, Kathryn Radle, Heather Scott, Audrey Bafford, Zachary Evans, Adrian Ionescu, Sylvia Macias, Megan Miller, Courtney Roper, Mary Stafford, Crystal Taylor, Kelly Young, Leah Pursel and Rebecca Neer.** Appreciation is extended to the students and faculty who planned the activities and allowed the children to have a safe day apart from their parents.

## Youth Health Summit a Huge Success

The 3<sup>rd</sup> Annual Youth Health Summit, sponsored with a grant from the GlaxoSmithKline Foundation, was held March 10. There were 274 students from 15 schools representing seven surrounding counties in attendance. The topic was “Health Teen Behaviors for Mind & Body – What You Should Know!”. **Dr. Cathy Barlow**, Interim Provost, and **Dr. James McCann**, SON Director, welcomed the students and their teachers to UNCW.

Keynote speaker Mr. **Kwain Bryant**, CEO/founder of Empowerment Exchange, spoke on the use of positive thinking, taking action to pursue life goals, and various strategies



to consider in becoming leaders. Breakout sessions followed with topics related to teen obesity, post traumatic stress disorder, health careers, drug and tobacco use, gang resistance, using talents to achieve success, and simple exercises to do at home. Two of these sessions were presented by Camp BONES students and Topsail High School Health Sciences Academy students assisting throughout the day.



## ANS News

The UNCW chapter of ANS has been involved with several notable activities and are planning for upcoming events:

- 1) participation in the Young at Hearts Social, a valentine social for the elderly in the community in which ANS members participated as dance partners for the invited guests and held at UNCW
- 2) participation through a bake sale (*see photos below*) at the Polar Plunge held at Wrightsville Beach to raise money for the Wilmington Special Olympic Games



- 3) collaboration with Clean the World, a nonprofit organization, and with Denna Muncy, CEO and president of Air Ambulance Caribbean, to help collect bars of soap for Haitians. The drive, which runs from March 1-31, is planned to collect one million bars. Drop-off locations for the soap collection include Savage Tan, The Reserves at Forest Hills, Sweetwater Surf Shop on Wrightsville Beach and at various campus sites:
- 4) planning of the campus health fair on April 9 from 10 a.m. - 2 p.m. The health fair will showcase numerous vendors and host a blood drive conducted by the American Red Cross.

Other coming events on the ANS calendar are: Carolina Canines "Walk for Those Who Can't" on March 27 at Hugh McRae Park, the March of Dimes Walk on April 10 at UNCW, the Walk to Defeat ALS on April 17 at UNCW, the Spring Formal on April 17 at Olive-or-Twist and Relay for Life on April 23-24 at the Ashley High School track.

## Newest Pre-licensure Cohort Has Been Chosen

With 130 applications reviewed by the Admissions Committee, 48 students will comprise the newest pre-licensure cohort, the Class of May 2012. The GPA of those selected is 3.39 and four are Nurse Scholars. Eighty-two percent are from NC, 8 percent are male and the average age of the cohort is 22 years.

An orientation session is scheduled for this cohort on April 21 at 5 p.m. in the Madeline Suite.

Kae Livsey has been selected as the faculty advisor of the Class of December 2011. Other faculty advisors are: Sandra O'Donnell, Class of May 2010, Anne Zabriskie, December Class of 2010, and Nancy Murdock, Class of May 2011.

Please submit calendar events, notable achievements, community events, research/scholarship activities and questions for faculty/staff to our editorial and production staff: Sandy O'Donnell (odonnells@uncw.edu) or Debra Simpson (simpsond@uncw.edu).

## Lingering Thought

It's not how much you do, but how much love you put into the doing.

Mother Teresa